

DARSHAN ACADEMY
MONTH WISE SYLLABUS – 2022-23
GRADE: I

SUBJECT: ENGLISH

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> ● L-1: -Fun with Grandparents ● POEM: My little Hands ● Sentence
MAY	<ul style="list-style-type: none"> ● L-2: - My birthday gift ● Naming Words ● One and Many ● Punctuation Marks
JULY	<ul style="list-style-type: none"> ● L-3 Yummy Food ● Describing Words ● Opposites ● POEM: The cupboard
AUGUST	<ul style="list-style-type: none"> ● L-4: - A New Friend ● Pronouns
SEPTEMBER	<ul style="list-style-type: none"> ● Opposites ● POEM: When I was One
OCTOBER	<ul style="list-style-type: none"> ● L-5:- Kind Meena ● L-6:- Little Red Hen ● Action Words ● Is/ Am / Are ● Has / Have
NOVEMBER	<ul style="list-style-type: none"> ● L-7: - The Bear and The Two Friends ● Is / am / Are + Action words + ing ● 'ed' words
DECEMBER	<ul style="list-style-type: none"> ● “A” and “An” ● POEM: Mother shake the cherry tree
JANUARY	<ul style="list-style-type: none"> ● L-8: - Sona and her friends ● POEM: Lost and Found ● Prepositions
FEBRUARY	<ul style="list-style-type: none"> ● L-9:- Jimmy Has a Robot ● Conjunctions

SUBJECT: ENGLISH (ENVIRONMENTAL COMPONENTS)

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> ● L-1: All About Me ● L-2: My Family
MAY	<ul style="list-style-type: none"> ● L-3: My Home
JULY	<ul style="list-style-type: none"> ● L-4: My School
AUGUST	<ul style="list-style-type: none"> ● L- 5: My Body ● L- 6: Health and Safety
SEPTEMBER	<ul style="list-style-type: none"> ● L- 7: Food We Eat ● L- 8: Clothes We Wear
OCTOBER	<ul style="list-style-type: none"> ● L- 9: Places in My Neighborhood ● L- 10: People in My Neighborhood

NOVEMBER	<ul style="list-style-type: none"> • L- 11: Special days • L- 12: Time to Travel
DECEMBER	<ul style="list-style-type: none"> • L-13: Our Plant Friends
JANUARY	<ul style="list-style-type: none"> • L- 14: Animals Around us • L- 15: Air and Water
FEBRUARY	<ul style="list-style-type: none"> • L- 16: Weather and Seasons • L- 17: Heavenly Bodies

SUBJECT: HINDI

MONTH	SYLLABUS
APRIL	<p>पाठ १: वर्णमाला</p> <p>पाठ २: शब्द रचना</p> <p>पाठ ३: " आ " की मात्रा (ा)</p>
MAY	<p>पाठ ४: इ की मात्रा (ि)</p> <p>पाठ ५: ई की मात्रा (ी)</p> <p>पाठ ६: उ की मात्रा (ु)</p>
JULY	<p>पाठ ७: ऊ की मात्रा (ू)</p> <p>पाठ ८: ऋ की मात्रा (ृ)</p> <p>पाठ ९: ए की मात्रा (े)</p>
AUGUST	<p>पाठ १०: ऐ की मात्रा (ै)</p> <p>पाठ ११: ओ की मात्रा (ो)</p> <p>पाठ १२: औ की मात्रा (ौ)</p>
SEPTEMBER	<p>पाठ १३: अं (ां)</p> <p>अँ ;ाँ)</p> <p>अः (ाः)</p>
OCTOBER	<p>पाठ १४: र की मात्रा</p> <p>पाठ १५: संयुक्त व्यंजन</p> <p>पाठ १६: द्वित्व व्यंजन व संयुक्ताक्षर</p> <p>पाठ १७: इ - ढ, ज - फ, ऑ (ॉ)</p>
NOVEMBER	<p>पाठ १८: दस खड़ी</p> <p>पाठ १९: मीठे बोल (कविता)</p>

DECEMBER	पाठ २०: माँ और मेघ (शब्द - चित्रकहानी) पाठ २१: खरगोश ने रंग लगाया (कहानी)
JANUARY	पाठ २२: आ दत्त सुधर गई (कहानी) पाठ २३: चिड़िया घर (कविता) पाठ २४: गुलाब ने कहा (कहानी)
FEBRUARY	पाठ २५: बिल्ली और दिल्ली (कविता) पाठ २६: कल वाली बात (कहानी)

SUBJECT: MATHEMATICS

MONTH	SYLLABUS
APRIL	• Unit 1: Shapes and Space
MAY	• Unit 2: Numbers from 1 to 9
JULY	• Unit 3: Addition
AUGUST	• Unit 4: Subtraction • Unit 5: Numbers from 10 to 20
SEPTEMBER	• Unit 6: Time
OCTOBER	• Unit 7: Measurement • Unit 8: Numbers from 21 to 50
NOVEMBER	• Unit 9: Data Handling
DECEMBER	• Unit 10: Patterns
JANUARY	• Unit 11: Numbers • Unit 12: Money
FEBRUARY	• Unit 13: How Many

SUBJECT: SPIRITUAL CURRICULUM

MONTH	SYLLABUS
APRIL	• Meditation
MAY	• The Introspection Diary
JULY	• Nonviolence
AUGUST	• Truthfulness • Humility
SEPTEMBER	• Love for All and Love for God
OCTOBER	• Vegetarian Diet
NOVEMBER	• Personal Goal Setting • Key Principles in Spirituality
DECEMBER	• The Role of a Spiritual Master
JANUARY	• Living a Spiritual Life in the Modern World
FEBRUARY	• Selfless Service • Conflict Resolution

SUBJECT: COMPUTER (Window)

MONTH	SYLLABUS
APRIL	• Computer—A Wonderful Machine
MAY	• Knowing a Computer

JULY	<ul style="list-style-type: none"> • Parts of a Computer
AUGUST	<ul style="list-style-type: none"> • The Keyboard and The Mouse
SEPTEMBER	<ul style="list-style-type: none"> • Introduction to Tux Paint
OCTOBER	<ul style="list-style-type: none"> • Introduction to Paint
NOVEMBER	<ul style="list-style-type: none"> • Reasoning and Critical Thinking
DECEMBER	<ul style="list-style-type: none"> • Introduction to Artificial Intelligence
JANUARY	<ul style="list-style-type: none"> • Reasoning and Critical Thinking
FEBRUARY	<ul style="list-style-type: none"> • Introduction to Artificial Intelligence
TERM-1 SYLLABUS	
TERM-2 SYLLABUS	
Computer—A Wonderful Machine	Introduction to Paint
Knowing a Computer	Reasoning and Critical Thinking
Parts of a Computer	Introduction to Artificial Intelligence
The Keyboard and The Mouse	Reasoning and Critical Thinking
Introduction to Tux Paint	Introduction to Artificial Intelligence

SUBJECT: GENERAL KNOWLEDGE

MONTH	SYLLABUS
APRIL	<ul style="list-style-type: none"> • Unmatched in Nature • Fruits and vegetables • Animals and Birds
MAY	<ul style="list-style-type: none"> • Flowers • Paper Animals
JULY	<ul style="list-style-type: none"> • Insects • Nocturnal Animals • Symbols of India
AUGUST	<ul style="list-style-type: none"> • Traditional Dishes of India • Monuments and Statues • The Earth
SEPTEMBER	<ul style="list-style-type: none"> • Nursery Rhymes • Fairy Tales
OCTOBER	<ul style="list-style-type: none"> • Superheroes • Games we Play • Sports Heroes
NOVEMBER	<ul style="list-style-type: none"> • Wheels and Vehicles • Carts and Cycles • Gadgets
DECEMBER	<ul style="list-style-type: none"> • Craft from Waste • People Who Help Us
JANUARY	<ul style="list-style-type: none"> • Headwear and Footwear • Being Safe • Life Skills
FEBRUARY	<ul style="list-style-type: none"> • Public Places • Being Kind and Caring • Help the Earth

SUBJECT: ART & CRAFT

MONTH	TOPIC	ACTIVITY
APRIL	House	Colouring

	Mountain	Colouring
	Camel	Finger Printing
	Scenery	Pattern designing
MAY	Elephant	Water colouring
	Duck & Duckling	Collage work
JULY	Lady bird	Dot painting
	Hut	Pencil shaving pasting
	Tree	Colouring
	Free hand drawing	Drawing & colouring
AUGUST	Sheep	Cotton pasting
	Birds	Thumb impression
	Balloon	Glitter pasting
	Birds	Spray painting
SEPTEMBER	Under water scene	Colouring
	Bouquet	Wax crayon painting
OCTOBER	Cat	Grid drawing
	Car	Collage work
	Hornbill	Dot painting
	Birds	Pattern making
NOVEMBER	Flowerpot	Colouring & finger printing
	Snake	Bindi pasting
	Alien	Paper cutting
	Cat	Sand paper colouring
DECEMBER	Garden	Water colouring
	Butterflies	Pattern designing
	Cow & calf	Finger printing
	Free hand drawing	Christmas scene
JANUARY	Alligator	Paper craft
	Mask	Paper craft
	Glider	Ice cream stick craft
FEBRUARY	Pigeon	Origami work
	Free hand drawing	Drawing & colouring
	Nature scene	Drawing & colouring

SUBJECT: MUSIC

MONTH	TOPIC	SONG/ ACTIVITY
APRIL	Alankar	Five notes (sa re ga ma pa)

MAY	Song	Song based on 5 notes only small interval (kabhi khushi k bhi gham, tara rum pum pum)
JULY	Hindi Song	Re ma re ma re ma re, hum to gye bazaar me and nani teri morni
AUGUST	English Song	God's love is so wonderful
SEPTEMBER	Patriotic Song	Hum chote chote bche hai
OCTOBER	Mool Mantar	Ik onkar simran
NOVEMBER	Devotional Bhajan	Kabhi ram banke
DECEMBER	Christmas Carol	Jingle bell , chup hai chanda chu hai taare
JANUARY	English Song	We shall overcome
FEBURARY	Revision and practice	Full syllabus practice with presentation

SUBJECT: LIBRARY

MONTH	TOPIC	ACTIVITIES
April	Library Orientation & Introduction International Book Day [23 rd April] Story Watching	<ul style="list-style-type: none"> • Introduction about Library, its role, policies, information about available reading resources, books, periodicals, circulation rules etc. • Celebration of International Book Day • Importance of books • Watching stories on animals/birds, character building • Discussion about watched stories
May	Connection development with the books International Book Day [23 rd April]	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections - Text to text • Celebration of International Book Day • Importance of books
July	Reading Books Magazine Reading	<ul style="list-style-type: none"> • Reading books from English Literature Section on Fairy tales, Moral Stories, Panchtantra tales • Story telling from <i>Children's World</i> Magazine
August	Connection development with the books Freedom Fighter Memoir Week	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections - Text to self • Discussion about their favourite freedom fighters and making a collage for the same • Story watching on freedom fighters.
September	International Literacy Day- 8 th September Reading hours Creativity Work	<ul style="list-style-type: none"> • Role of school libraries in context to Literacy. • Educational Story video will be shown to the kids • Reading books on Fairy tales, Panchtantra tales, Dreamland stories • Colouring of Story character
October	Reading hours Story Watching	<ul style="list-style-type: none"> • Free choice to read books • Watching Story on virtues Questioning

November	National Education Day- [11 th Nov.] National Book Week -[14 th Nov.-20 th Nov.]	<ul style="list-style-type: none"> • Story Watching on Dr. A.P.J.Abdul Kalam • Celebration of National Children's/Library Week • Exhibition of books published by National Book Trust, Children's Book Trust • Selection of favorite stories and drawing of their favorite characters from story books
December	Reading books Discussion & Questioning	<ul style="list-style-type: none"> • Reading books from Hindi Literature Section - Vikas Stories & NBT publication • Discussions about the main characters given in the books • Story watching on Santa Claus.
January	Connection development with the books Book Talk Story Triangle	<ul style="list-style-type: none"> • Reading books based on different virtues • Establish various connections • Text to World • Book Talk on books published by NBT publication • Story Triangle Activity will be conducted in the class
February-March	Kirpal Week Celebration Reading books Newspaper Reading	<ul style="list-style-type: none"> • Story watching on Love and Kindness • Exhibition of books written by Sant Kirpal Singh Ji, Sant Sawan Singh Ji, Sant Darshan Singh Ji, Sant Rajinder Singh Ji • Book – Donation Drive • Collage work on pictures about Love and Kindness using books/magazines • Reading Newspaper • Sharing news on act of love and kindness

SUBJECT: PHYSICAL EDUCATION

MONTH	TOPIC AND TIME	LEARNING OBJECTIVES	MATERIAL REQUIRED	ACTIVITIES
APRIL	Walk on Toe & Heels	Students will be able to: - develop agility, Balance, Coordination, - know different Shapes through walk	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
	Animal Walk	- develop agility, balance, Coordination - know about Animal Walk	Lime Powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Relay Race	- develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, ball relay, Clap relay With Elbows, With Knees, With Stomach
MAY	Ball Handling	-develop agility, balance, Coordination, Improve Arm & Leg Strength	Lime Powder, Ball	With Elbows, With Knees, With Stomach
	Throw Game	- learn throw in grand catching skills, team spirit	Bean Bag, Ball	Ball throw, Bean Bag Throw
	Traffic Light	- develop agility, balance, Coordination, - learn different directions		Run in Circle, Jump in Right, Jump in Left.

JULY	Minor Game	-develop agility, balance, coordination	Lion Mask, Goat Mask	The lion & The goat
	Athletics	- improve running jumping Hopping skills	Lime Powder	Running, Jumping, Hopping
	Walk on toe & Heels	-develop agility, balance, coordination -know different shapes through walking	Lime Powder, Rope, Cone, Marker	Zig Zag Walk, Square Walk, Triangle Walk
AUGUST	Obstacle Relay	Students will be able to- - develop muscular endurance, team spirit, speed	Beanbag, ball, marker one, ring	Using different object
	Whistle Stop	- develop muscular, strength, balance concentration	Whistle	Running & balancing game
SEPTEMBER	Animal walk	- develop agility, balance, coordination - know about animal walk	Lime powder	Kangaroo Walk, Frog Jump, Elephant Walk, Duck Walk
	Target Practice	- develop Throwing Skills	Bean Bag, Ball, Marker, Cone, Ring	Using Different Object
	Aerobics	- Develop, Flexibility, Balance, Muscular Strength	Music System	Pre-Aerobics Fun
OCTOBER	Basket Ball	Students will be able to - - develop balance, coordination, dribbling skills.	Basket Ball	Dribbling
	Physical Exercise	Develop muscular strength, Balance and concentration	Mats	Mass PT
	Ball Handling	- Develop agility, balance, coordination, improve arm and leg strength	Lime Powder, Ball	With Elbows, with knees, with stomach
NOVEMBER	Throw Game	- Learn throwing and catching	Bean Bag, Ball	Ball throw, Bean Bag Throw
	Yoga	- Develop muscular Strength, balance, Concentration & flexibility	Mats	Tadasan, Varjasan, Pachimotan Asan, Padmasan,
DECEMBER	Athletic	- Develop muscular strength & Speed	Marker, Cone	50 Mt. Sprint
	Relay Race	- Develop muscular endurance, Team Spirit, Speed	Bean Bag, Ball, Marker, Cone	Bean Bag Relay, Ball Relay, Clap relay with Elbows, With knees, With Stomach
PJANUARY	Parachute Games	Students will be able to develop muscular strength, balance & concentration	Parachute, Ball	Up & Down Twisting, Roller Ball, Floating the Shoot

FEBRUARY	Jumping	- Flexibility, balance, muscular strength	Rope, Marker, Cone	Jumping for Length Jumping for Height
	Minor Game	- Flexibility balance & throwing skills	Lime Powder & Ball	Dodge Ball
MARCH	Hopping	- Develop agility, balance and Coordination.	Marker, Cone	Hopping One Leg Hopping Both Leg Hopping Relay
	Stretching Exercise	- Muscular endurance, team spirit, Speed - flexibility, Balance, and muscular strength	Marker, Cone, Lemon, Spoon	Upper Arm, Shoulder, Hip Flexural Exercise, Hamstring & Calf Stretch